

EXAMINATION OF CONSCIENCE

November (even years)

Act of presence of God

1. *His servants...shall see his face and his name shall be on their foreheads* (Rev 22:4). Do I seek Christ in the tabernacle and in my prayer? Do I discover his face in serving others and in caring for those who are sick?
2. ***'For what does it profit a man if he gains the whole world and suffers the loss of his own soul?' What use to a man are all the things of the earth, all that our intelligence and will can aspire to? What is the point of all that, if it is all to come to an end and sink out of sight; if all the riches of this world are mere theatre props and scenery; and if after all this there is eternity for ever and ever and ever?*** (Friends of God, 200).
3. *God himself will be with them; he will wipe away every tear from their eyes and death shall be no more, neither shall there be mourning nor crying nor pain any more for the former things have passed away* (Rev 21:3-4). Does the consideration of God's love awaiting me in heaven comfort and encourage me?
4. Am I moved to know that God is counting on me to help many people to get to heaven? Do I realise that my spouse and family are part of my path to God?
5. ***Jesus wants to reign above all in men's hearts, in your heart*** (Christ is passing by, 31). Am I letting Christ live and reign in me? Do I ask him to reign in my family?
6. Do I have the desire to contribute with my work and apostolate *to unite all things in Christ* (Eph 1:10)? Do I take an interest in what is going on in society and do I fulfil my duties as a citizen? How can I serve better, so as to make God's love present in my surroundings?
7. Do I passionately love other people's freedom in all matters of opinion? Do I avoid provoking unnecessary confrontations or tensions? Do I appreciate how much I am enriched by living with different people and see how much I can learn from them?

Act of contrition