

The person with fortitude is one who perseveres in doing what his conscience tells him he ought to do.

*Friends of God > Human Virtues > Number 77*

Let those very obstacles give you strength. God's grace will not fail you.

*The Way > Character > Number 12*

“Oh! I have had crosses; I have had almost more of them than I could carry. Then I began to ask Our Lord for the love of crosses, and I was happy.”

*St John Vianney > Eucharistic Meditations > Eleventh meditation*

An apostle who does not pray regularly and methodically will necessarily fall into lukewarmness... and he will then cease to be an apostle.

*The Forge > Struggle > Number 121*

Stay awake, praying at all times.

*Luke 21:36*

We must watch over our mind, our hearts, and our senses, for these are the gates by which the devil enters in.

*St John Vianney*

How little love of God you have when you yield without a fight because it is not a grave sin!

*The Way > Lukewarmness > Number 328*

We must take care of little faults: for he who once begins to go backward, and to make light of such defects, brings a sort of grossness over his conscience, and then goes wrong altogether.

*Maxims of St Philip Neri*

How are you going to get out of that state of lukewarmness and lamentable languor if you do not make use of the means?

*Furrow > The Struggle > Number 146*

Tell first what you would not like to be known. Down with the dumb devil!

*Friends of God > For They Shall See God > Number 189*

God always forgives a contrite soul.

*Furrow > Friendship > Number 763*

... bless God, who has given back life to your soul.

*The Way > Scruples > Number 261*

Holy Mary is the Queen of peace, and thus the Church invokes her. So when your soul or your family are troubled, or things go wrong at work, in society or between nations, cry out to her without ceasing. Call to her by this title:

*Regina pacis, ora pro nobis* — Queen of peace, pray for us. Have you at least tried it when you have lost your calm?... —You will be surprised at its immediate effect.

*Furrow > Peace > Number 874*