

## EXAMINATION OF CONSCIENCE

JANUARY (even years)

### *Act of presence of God*

1. *'We have receive the spirit of sonship when we cry 'Abba, Father!'* (Rom 8:15). Is it obvious, from the way I tackle problems, that I know that God really loves me as his child? Do I really believe that he will never leave me on my own?
2. ***God is a Father - your Father! - full of warmth and infinite love. Call him Father frequently and tell him when you are alone together, that you love him, that you love him very much! and that you feel proud and strong because you are his child*** (The Forge, 331). What could I say to Our Lord right now, in order to feel his tenderness and his infinite love>
3. *I am with you always to the close of the age* (Mt 28:20). Do I realise that ;this promise is also made by Jesus to me personally? Does this consideration give me peace and security in my daily life?
4. *Have this mind among yourselves, which was in Christ Jesus* (Phil 2:5). Do I take advantage of my daily Gospel reading to get to know and love Jesus more and to ask him to make my heart more like his?
5. *When the wine failed, the mother of Jesus said to him, 'They have no wine'* (Jn 2:3). At the wedding feast of Cana, Mary asks, ***insists, without losing heart, with perseverance. And...she succeeds.*** (The Way 502) Do I have particular needs for which I could turn to my Mother the Blessed Virgin Mary, with boldness and simplicity, asking her to help me to pray for them.
6. At Cana, Jesus performed the first of his miracles and his disciples believed in him (Jn 2:11). How do I allow God to work through my actions and words?

### *Act of contrition*